

All desserts are suitable for vegetarians

ORDER A SCHOOL MEAL AND START THEIR FOOD ADVENTURE TODAY

| Week Commencing | Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|---|---|---|
| Week 1 25.04.22 *16.05.22 13.06.22 04.07.22 29.08.22 19.09.22 10.10.22 | Breaded chicken with chef's special sauce Cheesy bean enchilada Rice Seasonal vegetables Shortbread slice Organic fruit yoghurt Fresh fruit | Organic beef burger in a bun Vegetable burger in a bun Potato puffs Seasonal vegetables Butterscotch cookie Organic fruit yoghurt Fresh fruit | Roast pork with apple sauce & gravy Veggie cottage pie Creamed potatoes Seasonal vegetables Fresh fruit with bitesize chocolate crunch Organic fruit yoghurt Fresh fruit | Vegan meatballs & homemade tomato sauce Homemade margherita pizza Pasta Seasonal vegetables Vanilla ice cream with peaches Organic fruit yoghurt Fresh fruit | Fish fingers Vegetable fingers Chips Seasonal vegetables Cornflake tart with custard Organic fruit yoghurt Fresh fruit |
| Week 2 02.05.22 23.05.22 20.06.22 *11.07.22 05.09.22 26.09.22 *17.10.22 | Quorn dippers & our tomato dipping sauce Magic bean chilli Rice Seasonal vegetables Berry fruit muffin Organic fruit yoghurt Fresh fruit | BBQ chicken tortilla wrap Vegetarian hot dog Potato wedges Seasonal vegetables Fruit swirl sponge with custard Organic fruit yoghurt Fresh fruit | Sausage Yorkshire pudding & gravy Cauliflower & broccoli cheese bake Creamed potatoes Seasonal vegetables Fresh fruit with bitesize cornflake bar Organic fruit yoghurt Fresh fruit | Beef bolognese with garlic bread Quorn fillet & rainbow salad wrap Pasta Seasonal vegetables Fresh fruit with bitesize chocolate beetroot brownie Organic fruit yoghurt Fresh fruit | Vegetarian sausage roll Salmon fishcake Chips Seasonal vegetables Chocolate & vanilla pinwheel biscuits Organic fruit yoghurt Fresh fruit |
| Week 3 09.05.22 *06.06.22 *27.06.22 18.07.22 12.09.22 03.10.22 *Theme Day Weeks | Chicken curry Vegetable & chickpea curry Rice Seasonal vegetables Naan Banana cupcake Organic fruit yoghurt Fresh fruit | French bread pizza Roasted vegetable tart Potato puffs Seasonal vegetables Fruit jelly Organic fruit yoghurt Fresh fruit | Roast turkey with Stuffing & gravy Veggie toad in the hole Creamed potatoes Seasonal vegetables Flapjack Organic fruit yoghurt Fresh fruit | Organic beef meatballs & Mediterranean sauce Veggie mince taco cups Pasta Seasonal vegetables Fresh Fruit with bitesize chocolate cracknel Organic fruit yoghurt Fresh fruit | Breaded fish fillet Macaroni cheese Chips Seasonal vegetables Lemon drizzle muffin Organic fruit yoghurt Fresh fruit |

Salad, vegetables, bread, fresh fruit and drinking water are available freely. Jacket potatoes and sandwiches with various fillings are available in most schools, please check what the local arrangements are in your school. We endeavour to serve food as specified on the menu, however there are some circumstances when this isn't possible. You can be assured that these instances will be kept to an absolute minimum.

ALLERGY ICONS

This dessert contains 50% fruit
 This meal is suitable for vegetarians
 This meal is suitable for vegans
 Locally Sourced

For those children with medical diet requirements, we offer a tailored menu. Please contact Katie Woods 07990 664775 or catering@derbyshire.gov.uk for more information.

Marine Stewardship Council compliant

Every Food Explorer lunch offers at least 3 of their 5 a day

Let's get cooking

Thursday 19th May

When you learn how to cook, you can discover lots of new flavours and foods

Food Explorer Lunches 'Create today's menu'

FLAVOURFUL DAY

Thursday 9th June

Menu

- Breaded chicken in a bun
- Mixed pepper nachos with a selection of delicious dips
- Mini roast potatoes
- Fruit platter & vanilla cookies

HAPPINESS DAY

Tuesday 28th June

Did you know that a diet rich in vitamins and minerals can help us feel happy on the inside and out?

Good food can boost our mood!

Menu

- Beef & bean or Bean burrito
- Sweet potato & potato wedges
- Broccoli & carrots
- Scrumptious strawberry cake

SEASIDE SPECIAL

Friday 15th July

A summer treat to celebrate the traditional British seaside!

Menu

- Fish or Quorn dippers
- Chips
- Peas
- Ice cream

BRITISH HARVEST festival

September

Food Explorer Lunches use lots of British ingredients. Look on our map to see where today's ingredients come from!

Menu

- Organic Derbyshire Beef or Quorn Casserole with Yorkshire pudding
- Local British potatoes
- Broccoli & carrots
- Scrumptious strawberry cake

LET'S GET MOVING

Thursday 20th October

Today's dishes are great fun for getting active. Try our new Spin Salads to get your body moving!

DO TEN STAR JUMPS WITH FRIENDS

WASH THE CAR FOR MUM & DAD

Menu

- Chicken Quorn & Sweetcorn Lasagna
- Always a delicious pasta
- Spinach with apple & blueberries
- Chocolate orange nut bread
- Organic fruit yoghurt