

## FS1/FS2 PE Overview 2022/2023

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
<b>Foundation 1/2</b>	Locomotion (key movements skills and team work)	Object Control (Pirates theme)	Balance (Gymnastic)	Locomotion (Seasons theme)	Object Control (Ball skills)	Locomotion/object control (Sports Day activities)
<b>Early Learning Goal</b>	I can dress and undress myself all by myself.  I can take turns and share with a little help	I show good control when using equipment in a range of ways.	I can repeat, link and change basic movements, sometimes commenting on my own work	I can repeat, link and change basic movements, sometimes commenting on my own work	I can take turns and share with a little help  I can work as part of a group	I can take turns and share with a little help  I can work as part of a group
<b>PSHE Theme</b>	Taking care of themselves:  Trying to dress themselves independently for PE. Taking care of their belongings/equipment.	Staying safe:  The importance of being safe and taking care of themselves, people around them and identify potential dangers.	Understanding everyone is different:  Know why some activities are easier/harder for people. Give them choices to decide what level they want to be.	Teamwork:  Looking at working together to create routines. Taking on different roles within the team.	Teamwork:  Rules for different athletic activities. Link to being safe.	Teamwork:  Being proud to represent Springwood/their house team.