ACET Primary PE Assessment

GYMNASTICS				
LEVEL 1	LEVEL 2	LEVEL 3	LEVEL 4	LEVEL 5
I know how to perform a basic balance	I can perform some balances with some control	I can perform a range of balances using levels, points and patches whilst showing good control	I can link complex balances & counter-balances together in a creative sequence with other gymnastics skills using tension, extension and control	I can self & peer assess complex balances & counter-balances, and use this to develop a varied, creative and controlled sequence
I know how to perform a basic roll	I can perform basic rolls showing some technique	I can perform a range of rolls smoothly showing a controlled technique	I can perform all rolls with good technique and link these together in a creative sequence with other gymnastics skills e.g. balances & jumps	I can self & peer assess a range of rolls in a performance and use this to develop a varied, creative and controlled sequence
I know how to perform basic shapes and jumps	I can perform basic shapes and jumps showing some technique	I can perform a range jumps with a safe and stable landing from a range of heights	I can link a range of jumps from varying heights with other gymnastics skills, showing good control in my flight and landing from apparatus	I can self & peer assess a range of jumps using apparatus, and use these profieciently in a varied, creative & controlled sequence
I can link some skills to follow a basic Teacher-led sequence	I can link various skills together to follow a short structured sequence showing some control	I can participate in a set group sequence showing good technique and control of all the teaching points	I can create and develop a complex group sequence showing good technique and control of all skills	I can lead a creative group sequence using apparatus showing excellent technique, control and timing of complex skills

A - Working Beyond

B - Working At

C - Working *Towards*

